



The Stonington Harbor Yacht Club

Fall 2015 Frostbite Series

Saturdays, September 19 and October 3 thru November 28

NOTICE OF RACE AND SAILING INSTRUCTIONS

1 Organizing Authority

1.1 These races are organized by the Stonington Harbor Yacht Club.

2 Schedule of Races

2.1 Races will be conducted on September 19 and each Saturday from October 3 thru November 28. First Warning will be at 1330 hrs.

2.2 The Race Committee will try to conduct five or more races each day but no race will be started after 1600 hrs.

2.3 Information on race cancellations may be obtained by calling SHYC Clubhouse (860-535-0112) or by signals displayed on the Committee Boat.

3 Eligibility and Entry

3.1 Races will be conducted for any Lasers, Vipers or Ideal 18's meeting Class rules. (Lasers may use Sails from a sailmaker not approved by the Class so long as dimensions and construction meet Class requirements.) Separate starts will be given each Class. However, no Class will be started or raced unless three or more boats of that Class have submitted entry forms and presented themselves for the race (see 4.6, below). Boats will be informed on the water if their Class is ineligible to race that day. Boats so informed should immediately leave the racing area.

3.2 Entry is made by completing the standard SHYC Entry Form available on line at the Racing page of www.shyc.us, or in hard copy at the SHYC Clubhouse. Completed forms, accompanied by a check for the entry fee made payable to SHYC, should be mailed to SHYC, Race Committee, PO Box 87, Stonington, CT 06378 to arrive before September 17, 2015. Entry Forms and checks may also be delivered to the Committee Boat up to 20 minutes before the First Warning signal each race day. Racers must complete the Liability Waiver accompanying the Entry Form and any competitor under the age of 18 years must have signed parental permission accompanying the Entry Form.

3.3 Entry fee is \$140 for the Fall Series or \$25 for a single race day'

3.4 Competitors who have not submitted a completed Entry Form will be scored DNC.

4 Rules

4.1 Races will be governed by the *Racing Rules of Sailing 2013-2016* (RRS) except as noted below.

4.2 Class Rules apply to all boats entered except in regard to sails as noted in 3.1, above. All boats are subject to inspection without notice.

4.3 RRS Rule 40 will apply whether the Committee Boat displays flag 'Y' or not.

4.4 RRS 44.1 and 44.2 are changed to a penalty of one 360 degree turn.

4.5 Sailors weighing less than 125 pounds shall not race.

4.6 If, in the judgement of the race PRO, any competitor has become dangerously fatigued from righting the boat when capsized or from other reasons, the PRO may discontinue his eligibility to race that day and direct him back to shore. Score points accumulated to that point may be kept. Please note that the Race Committee Safety Protocol calls for every possible effort to rescue a competitor in the water, to provide trained first aid assistance aboard the Committee Boat and to deliver the competitor to trained medical care on shore. In the safety interest of the competitor and of Race Committee crew and boats, only very limited attention will be given the capsized or grounded boat. If directed to do so by the PRO, the competitor must leave his/her boat and board the Committee Boat for First Aid care.

4.7 All competitors must wear protective clothing, full torso wet or dry suits, when water temperature is 60 degrees F. or less. Failure to follow this rule or 4.3, above, will result in the subject boat being scored DSQ for all races conducted that day

4.8 Prior to the first First Warning signal for the day, each competitor will sail under the Committee Boat's stern and announce intent to race.

4.9 All boats will display sail numbers.

5 Courses

5.1 All races will be sailed in Stonington Harbor north of the outer breakwater.

5.2 Course selection will be indicated on a course board mounted on the Committee Boat. Course Indicator letter followed by the number '2' indicates twice around.

Course A: Windward – Finish

Course B Windward – Leeward – Finish

Course C Windward – Reaching – Leeward – Finish a triangular course.

5.3 Windward and leeward marks are inflated yellow tetrahedrons; the reaching mark, if used, is an inflated orange tetrahedron. All marks are to be left to port.

5.4 The start line is between a small inflated orange tetrahedron to the port side of the Committee Boat and a staff on the Committee Boat bearing an orange flag. The finish line is between a small inflated orange tetrahedron to the starboard side of the Committee Boat and a staff on the Committee Boat bearing a blue flag.

5.5 Should there be only one class racing, the start and finish lines will be the same and to the port side of the Committee Boat. Before the start of the races, the Race Committee will announce over VHF 79 whether the Start and Finish lines are open or closed.

6 Start and Finish.

6.1 Races will be started using the three minute sound signal sequence of RRS Appendix S. There will be no rolling starts.

6.2 Classes will be started separately and will be called to start by the display of their class flag at the stern of the Committee Boat immediately before the beginning of each starting sequence. Classes will not necessarily be called in any particular order. Whichever Class has finished and best prepared itself to start will be called first. WATCH FOR YOUR CLASS FLAG TO DETERMINE IF YOUR CLASS IS CALLED TO START. Should there be only one Class racing, that Class flag will be displayed continuously at the stern of the Committee Boat.

6.3 Classes and Class flags are:

Class 1	Vipers	Signal pennant '1'
Class 2	Ideal 18's	Signal pennant '2'
Class 3	Lasers	Signal pennant '3'

6.4 As each boat finishes, she should move to an assembly area aft and to starboard of the Committee Boat, keep clear of other classes starting or finishing and wait until its class is called to start.

6.5 The time limit for each race for each Class will be 45 minutes or 15 minutes after the first boat finishing, whichever comes first. Boats finishing after the time limit will be scored DNF.

7 Protests

7.1 Intention to protest will be reported to the Committee Boat as soon as possible after the completion of the race protested. Written protests detailing the incident and the RRS rule allegedly violated will be delivered to the Race Committee within one hour of the completion of the day's racing and the return of the Committee Boat to the dock. A hearing on the protest will be scheduled as soon as possible after the end of the day's racing and before the day's scores are announced.

8 Scoring

8.1 The High Point scoring system will be used. For each Class, first place is assigned points equal to the number of boats competing in each race; second place, the number of boats competing minus one; third place, the number of boats competing minus two, etc. A boat starting but not completing a race or withdrawing or being disqualified will be counted as having started and will receive the number of points, minus one, of the lowest scored boat completing the race.

8.2 Boats must participate in 60 percent or more of the races conducted in the total series in order to qualify for the series prizes.

9 Awards

9.1 Weekly results will be announced at a post race gathering at the SHYC Clubhouse after each day's racing. All competitors and friends are invited. Weekly and cumulative series results will be posted on the SHYC website at www.shyc.us/racing and on the Racing News bulletin board at the Clubhouse. Season awards will be made for each Class at the annual SHYC Awards Dinner in October.

10 Additional Information

10.1 For additional information, e-mail Paul O'Neill at pfo06379@gmail.com or Ed Dear at epdear@comcast.net or call the Clubhouse at (860) 535 0112.

